I'm not robot	
	reCAPTCHA
Continuo	
Continue	

## **Cupid shuffle and other dances**

Cupid Shuffle Dance Description: Electric Slide Tush Push Cotton Eye Joe Swing Switch Swamp Thing Copperhead Road Boot Scootin Boogie - 2nd version Achy Breaky Heart Funky Salsa Freak It, Gangsta Walk, Apple Bottom Jeans, Wobble, Just Fine (El Paso) 7128 Strut Cha-cha warm up Cha Cha Slide Mississippi Cha-Cha Slide (Stomp) Wobble Baby, Baby, Oh Baby MACARENA Line Dance Mambo No. 5 LauraRose@DanceFourFun.com · Electric Slide (Beginner) Suggested Music: Electric Boogie by Marcia Griffiths (the original); That's the way (I Like It) by KC & The Sunshine Band; Tuff Enuff by The Fabulous Thunderbirds; Sharp Dressed Man by ZZ Top; The Hey Song Rock and Roll Part II by Gary Glitter. Tush Push (Beginner/Intermediate) Suggested Music: Old Time Rock 'n Roll (slow) by Bob Segar; She Loves My Car by Ronnie Milsap; Hurts So Good by John Michael Montgomery; God Blessed Texas by Little Texas; Sharp Dressed Man by ZZ Top; What's Your Name by Skynard Friends. Cotton Eyed Joe (Beginner) Suggested Music: Cotton Eyed Joe (the original) by Isaac Payton Sweat; Cotton Eyed Joe (remix) by the Rednex. Slappin' Leather (Beginner/Intermediate) Suggested Music: Reggae Cowboy by the Bellamy Brothers; Can be done fast to Born to Boogie by Hank Williams, Jr. Ole' (Beginner/Intermediate): Suggested Music: Ole (The Soccer Song); Centerfield by John Foggerty. Swing Time (Beginner / Intermediate) Suggested Music: Ole (The Soccer Song); Centerfield by John Foggerty. Swing Time (Beginner / Intermediate) Suggested Music: Ole (The Soccer Song); Centerfield by John Foggerty. Bunny. Danced to the song of the same name by the hip-hop artist Cupid, the Cupid Shuffle has become a very popular dance. The dance is a hip-hop variant of country line dancing and is extremely simple to perform, especially since all the steps are sung in the lyrics: "To the right, to the right, to the right, to the right, to the right.) "To the left, to the left.) "Now kick, now k beat. Even the most novice dancer can perform it by the end of the second chorus. Many have compared the dance to the Cha Cha Slide, which was released in 1996 by DJ Casper of Chicago. The Cupid Shuffle began its rise to popularity in Lafayette, Louisiana, Cupid's home town. Electric Slide In its original form, the dance had 22 steps, as follows: 1-4 Grapevine right (tap and clap on 4) 5-8 Grapevine left (tap and clap on 12) 13-16 Rock forward 14: Tap right toe at the left heel, snap 15: Right backward 16: Tap left toe at the right heel, clap 17-20 Repeat 13-16 21 Left forward with 1/4 turn left 22 Hop onto left foot with right leg in the air to start again The Electric Slide is actually a variation step: in place of the grapevine, you step right and slide your left foot over to it. Variations involve turns during the grapevine, walking backward, a spin on 22, various ways of clapping, and type of steps. Silver gave the dance 22 steps because his birthday is January 22.[2] The "broken" phrasing was a conscious decision. It introduces a certain diversity of accents which makes the pattern less repetitive. Some dance venues teach variations with 16 (The Freeze), 18 (the way most have learned the Electric Slide) or 24 (cowboy motion, cowboy boogie) steps. Tush Push 4-wall line dance Music="He Thinks He's James Dean" - Karen Staley Baby Likes to Rock It - "The Tractors" I Still Wanna Jump Your Bones - "Archer/Park" and many others..... COUNT STEP {Alternative: Replace first 11 steps with 4 reverse sailor shuffle (triple-step) starting with right foot to the left}. 1 Touch R heel forward 2 Step R next to L 3, 4 Touch R heel forward; touch R heel forward 5 Leap onto R with L heel forward 10 Leap onto L with R heel forward 11 Leap onto L with R heel forward 11 Leap onto L with R heel forward 12 Clap 13, 14 Hip thrust forward 15, 16 Hip thrust back; hip thrust back; hip thrust back 17, 18 Hip thrust forward; hip thrust forward; hip thrust back 19, 20 Hip thrust back 21&22 Shuffle forward L,R, 23, 24 Rock step forward R,L,R 31 Step forward R,L,R 31 Step forward L,R,L 35 Step forward R,L,R 31 Step forward R,L,R 31 Step forward L,R,L 35 Step forward R,L,R 31 Step forward R,L,R 31 Step forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R, 26 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R, 26 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R,L 35 Step forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 36 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 37 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 37 Pivot 1/2-turn to the right (shift weight to R) 33&34 Shuffle forward R,L,R 37 Pivot 1/2-turn turn to the left (shift weight to L) 37 Step R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight to L) 37 Step R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 38 Pivot 1/4-turn to the left (shift weight L) 39 Stomp R next to L 39 Stomp R next shoulder, man's left hand holds woman's left foot over right 7. cross left foot over right 4. cross right foot over right 8. kick out with left foot over right 7. cross left foot over right 8. kick out with left foot over right 1. cross left foot over right 2. kick out with left foot over right 3. kick out with left foot over right 3. kick out with left foot over right 3. kick out with left foot over right 4. cross right foot over right 3. kick out with left foot over right 4. cross right foot over right 5. kick out with left foot over right 4. cross right foot over right 4. cross right foot over right 5. kick out with left foot over right 5. kick out with left foot over right 6. kick out with left foot over right 7. cross left foot over right 8. kick out with left foot over right 6. kick out with left foot over right 8. kick out with left foot over right foot 9. polka steps going backwards left-right-left 10. cross right foot over left 11. kick out with right foot 12. polka steps going backwards right-left 16. polka steps right-left 17. polka steps right-left 18. polka steps right-left 19. polka steps right-left 1 polka steps left-right-left 20. polka steps right-left 20. polka steps right-left yout/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel swivel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel splits out/in/out/in Rt Heel splits out/in/out/in Rt Heel swivel Scootin Boogie Heel splits out/in/out/in Rt Heel splits out/in/out Dance Steps 1.) Stand facing the front of the room. Begin when the words of the song start. Grape vine right (three steps), then grape vine left (three steps), then grape vine left (three steps) back to where you started. 2.) Back three steps, then step-touch and clap. 3.) Step your left foot forward, pivot on your left foot, and swing your right foot around parallel with your left. You will immediately start repeating the dance from here, beginning with a grape vine right (three steps). 4.) Repeat the dance from here, beginning with a grape vine right (three steps). 4.) Repeat the dance from here, beginning with a grape vine right (three steps). 4.) Repeat the dance from here, beginning with a grape vine right (three steps). 4.) left Triple diagonal right Triple diagonal right Triple diagonal left 3-step turn to the back Triple to the left Grapevine pivot (twice) Double right heel Single heel hops (3) 4th switch hitch turn to the next wall Repeat Swing Switch A couples mixer, also known as simply "Swing Switch" The actual beats for Swing are counted 1 and 2, 3 and 4, 5, 6. Polka/Triple steps are on the 1 and 2 and the 3 and 4. Rock steps on the 5, 6. Basic swing steps: Man: 1 and 2 left, right, left 3 and 4 left, right, left 5 rock back on right 6 rock forward on left Swing switch has five basic sets of swing: 1. Basic swing Lady faces inside circle, gents face outside circle, gents face outside circle 2. Lady turns on the 3 and 4 Lady makes a full turn to her right, under the gent's left arm 4. Couples switch back Same as above 5. Full left turn to new partner Complete the full turn on the 1 and 2, 3 and 4 to the new partner. Gent's left hand meets lady's right hand for the rock steps. Begin again with new partner. Swamp Thing: 1. Step Left Forward and back 2. Step Right Forward and back 3. Break Step to the left and return 4. Break Step to the right and return 5. Step Right Forward and back 3. Break Step to the left 6. Grapevine syncopation to the right 7. Step to the left and clap (repeat) 8. Cycle to the left to the next wall Repeat Macarena Good hip motion is essential to this dance. Now you can show everyone how to dance the Macarena at your next party! 1. Right hand goes out palm down. 2. Left hand goes out palm down. 3. Right palm up. 4. Left palm up. 5. Right hand to left shoulder. 6. Left hand to right shoulder. 7. Right hand to right back of ear. 8. left hand to left buns. 12. Left hand to left buns. 13. Roll hips with hands on buns. 14. Roll hips with hands on buns. 15. Roll hips with hands on buns. 16. With small jump turn 1/4 turn to right, hands still on buns and hips rolling. There is some debate over whether the turn is to the left, or to the right. If you "double-time" your hip rolls (in Spanish/Latin dance style), the natural action is to the right. Do your own thing! Copperhead Road Line Dance Steps o Stand facing the center of the room with your right foot and tap your right foot and tap your left toe behind your right foot. Bring your left foot back to your right foot and tap your right foot and tap your right foot and tap your left foot back to your right foot and tap your right foot and tap your left foot back to your right foot and tap your left foot and tap your left foot back to your right foot and touch your right foot and tap your left foot and tap your left foot back to your right foot and tap your left foot back to your right foot and tap your right foot and tap your left foot and tap your left foot back to your right foot and tap your left foot back to your right foot and tap your right foot and tap your left foot and tap your left foot back to your right foot and tap your left foot and tap your right foot and tap your right foot and tap your left foot and tap your left foot and tap your left foot and tap your right foot and tap your right foot and tap your right foot and tap your left foot and tap your left foot and tap your left foot and tap your right foot and tap your left foot and tap your left foot and tap your left foot and tap your right foot and tap your left foot and tap your right foot and tap your your left foot. Bring your right foot next to your left foot, and put your right foot, and put your left foot, and put your left foot, and transfer your weight on your left foot, and transfer your weight to it. Your right foot, and put your right foot, and transfer your weight to it. Your right foot, and put your left foot, and put your right foot, and put your right foot, and put your left foot, and put your right foot forward then scuffle or chug your right foot forward. Second Sequence o Step to the left with your left foot. Step to the left with your right foot and slap your right foot and slap your right foot the left with your left foot. Step to the left with your right foot and slap your right foot and to the right with your left foot and place your left foot and place your left foot, then scuffle or chug forward with your right foot and place your left foot and slap your l your weight on that foot. Bring your left foot beside your right. Repeat from the beginning. HEEL, STEP, HEEL, STEP, TOE 1 Tap right toe behind left GRAPEVINE RIGHT WITH 1/4 TURN 6 Step right on right 7 Cross left behind right 8 Step right on right turning 1/4 right 9 Chug left with left leg raised Pointing upwards with both hands GRAPEVINE LEFT WITH HEEL SLAP 11 Step left on left 12 Cross right behind left 13 Step left on left 13 Step left on left 14 Bring right heel up slapping it with left hand GRAPEVINE RIGHT WITH HEEL SLAP 15 Step right on right 16 Cross left behind right 17 Step right on right 18 Bring left heel up slapping it with right hand BACK THREE, CHUG, STEP, STOMP 19 Step back on left 23 Step forward on right 24 Stomp left beside right REPEAT Read more: Copperhead Road Line Dance Steps | eHow.com Funky Salsa Music: the cup of life Left - 3 steps, tap with right - triple step Swivel left three counts, tap Swivele original wall With left foot, Tap forward, side, triple step With right foot, tap forward, side, triple step With left, kick ball change, pivot four walls and end at next progressive wall Repeat from step 1 Cannibals by Mark Knopfler [Golden Heart] Position: Feet together weight on the left foot. Dance starts after drum beats at instrumental and continues at the end to finish the dance SIDE RIGHT, HOLD, LEFT ACROSS, HOLD Position: Feet together weight on the left foot. Dance starts after drum beats at instrumental and continues at the end to finish the dance SIDE RIGHT, HOLD, LEFT ACROSS, HOLD Position: Feet together weight on the left foot. Dance starts after drum beats at instrumental and continues at the end to finish the dance SIDE RIGHT, HOLD, LEFT ACROSS, HOLD, SIDE RIGHT, HOLD, LEFT ACROSS, HOLD, LEFT ACROSS, HOLD, LEFT ACROSS, HOLD, SIDE RIGHT, HOLD, LEFT ACROSS, HOLD, LEFT ACROSS, HOLD, SIDE RIGHT, HOL 4 Step left back, rock forward onto right SIDE LEFT, HOLD, RIGHT ACROSS, HOLD, SLIDE LEFT, HOLD, RIGHT ACROSS, HOLD 1-4 Stomp left to the side, hold, stomp right across in front of left, hold LEFT SHUFFLE TO THE SIDE, BACK RIGHT, ROCK FORWARD 1&2 Shuffle to the left: left-right-left 3-4 Step right forward, scuff left, step left forward, scuff left, step left forward, scuff right STOMP RIGHT STOMP RIGHT KICK RIGHT LEFT, FORWARD LEFT SCUFF RIGHT (REPEAT) 1-4 Step right forward, scuff left, step left forward, scuff left, step left forward, scuff right STOMP RIGHT STOMP RIGHT KICK RIGHT LEFT, FORWARD LEFT SCUFF RIGHT (REPEAT) 1-4 Step right forward, scuff left, step left forward, scuf together, stomp right together, kick right together, kick right 5-6 Step right back, rock forward, scuff left, step left forward, scuff left forward, scuff left, step left forward, scuff right 5-8 Step right forward, scuff left, step left forward, scuff right STOMP RIGHT KICK RIGHT KICK RIGHT ROCK FORWARD, FORWARD RIGHT ½ TURN LEFT 5-6 Step right back, rock forward onto left 7-8 Step right forward, turn ½ turn left weight to left VINE RIGHT - HITCH LEFT & ½ TURN RIGHT, VINE LEFT 1-2 Step right to the side, cross left behind right 3-4 Step left to the side, step right to the side, step r HOLD 1-2 Step right to the side & wobble knees in-out-in-out 3-4 Step left across in front of right & wobble knees in-out-in-out 5-6 Step right to the RT LT - 4 steps to the RT LT - 4 steps to the left RT double step forward LT double step forward RT forward step, cha-cha Cha-cha Cha-cha Cha-cha turn to the lf Cha-cha turn to the next wall Repeat. Whole in the wall Repeat They don't care about us - Michael Jackson RT - hip roll twice LT - hip roll twice LT knee-in twice LT hip roll twice LT knee-in t hips Lean to right, roll hips Lean to left, roll hips Lean to left, roll hips Rt/left cha-cha forward, Left cha-cha forward, Left theel step Rt heel teps) 4 steps back Rt - tap to side, and slide to rt Kick rt, left step, then turn to next wall Two steps forward starting rt Two steps back Giddy up and clap, head snap Repeat Gangsta Walk Heel rt, step, left tap Heel lft step, rt heel step, left tap Heel step, tap Cross left over right Cha, cha, rock with right back Cha-cha turn, chacha turn 1-2-3 step to next wall Apple bottom AppleBottom Jeans (High Beginner) Choreographed by Amy Christian-Sohn 32 Count Website: www.linefusiondance.com Email: dance@amychristiandance.com Step Fwd, Recover, Back Shuffle, Step Back, Recover, Step Fwd, Brush Hand X2 1-2 Step Fwd on R foot, Rock back on L foot, Step R foot back, Step R foot), R Kickball Change, Step R side, Touch L next to R, L Vine, (Slap) 1&2 Kick R foot fwd, Step back on the ball of R foot, 5-6 Step L foot to L side, Step R foot behind L, 7-8 Step L foot to L side(7), Touch or Hitch R foot(8), (option - Look over R shoulder, Butt with R hand)(8), Monterey Turns 1-2 Touch R foot to R side, With weight on L foot, Swivel  $\frac{1}{2}$  turn right on L foot to R side, With weight on L foot, Swivel  $\frac{1}{2}$  turn right on L foot to R side, With weight on L foot, Step R foot next to R foot to L side, Step L foot next to R foot, (Easy Alternative Steps for Monterey Turns - 1-4 Touch R Out(1), Step R next to L(2), Touch L Out(3), Step L next to R(4), Repeat those 4 steps again for counts (5-8), 1/4 Paddle Turns X2, Walk Fwd R, L, R, L 1-2 Step fwd on ball of R foot(3), (Hips Rolls can be added to Paddle Turns, for styling) 5-8 Walk fwd R, L, R, L. (option - Walk fwd bending knees, going lower and lower). Start again! Ga Ga Ga Music: "Mmm Bop" by Hanson. by Keezo Kane it's called Ga Ga Ga Lt tap to the side Right tap to the side Lr Front kick, right front kick Left back step down and up Trip cross back (twice) Jump up trip, jump back triple or giddy up Rt cross over left to side, and out (rift to side) Grapevine ending to next wall Freak it 2 steps to right 3 Walk up 3 steps 10 4th step turn to next wall. Cha Cha Slide The Cha Cha Slide is a load of fun for all ages. The Cha Cha Slide is quite popular in recent years and not so overplayed as to be tiresome yet. This song is Right foot bounce tap 3 7 Left foot bounce tap 3 8 Cross right over left twice 9 often played at dance clubs, parties, skating rinks and weddings in the United States and the United States an Casper (his real name is Willie Perry, Jr.). Driven by his called-out instructions ("Slide to the Electric Slide's younger sister with quite a few added twists and turns. Mr. C developed the slide in 1996 as an aerobic workout for a trainer at Bally's Fitness. "It works your whole body," he said. "If you do the dance [properly], you'll feel it everywhere." Cha Cha Slide -- named after the Latin "Cha-Cha" step that is part of the dance -- became a hit with gym members and word of it quickly spread beyond the aerobics studio. Mr. C also found himself in the recording studio when the dance's popularity prompted him to record the Cha Cha Slide: The Original Slide Album CD, featuring his instructions over an infectious bass beat. In 2001, the dance started to catch on in various parts of the USA, particularly in Chicago, Atlanta, Detroit and Houston where urban contemporary radio stations (and later mobile DJs) began playing the song. Request keep coming in and making Mr. C a hit! Mr. C says that dance is his "real calling," he refuses to accept the idea that it's passé. "People do still dance -- it's just time for them to get used to new dances. I'm trying to introduce that to them with the Cha Cha Slide." How To Cha-Cha Real Smooth "TO THE LEFT NOW": GRAPEVINE LEFT WITH TOUCH 1,2 Step LEFT to left side; Cross RIGHT behind Left 3,4 Step LEFT to left side; Touch RIGHT beside Left "TAKE IT BACK NOW": STROLL BACK WITH TOUCH 1,2 Step back RIGHT; Touch LEFT beside Right (Option: try mashed potato steps back, or a rolling turn back) "ONE HOP THIS TIME": HOP FORWARD 1 Hop forward on Right, hitching LEFT (Option: if you don't like to hop you can scoot forward on both feet. The number of hops Casper will ask you to do will vary throughout the song) "RIGHT FOOT LET'S STOMP": RIGHT FOOT LET'S STOMP": LEFT STOMP FORWARD 1 With weight on Right stomp LEFT forward (Option: you can spread your arms to add attitude with each stomp. The number of stomps Casper will ask you to do will vary) "NOW CHA-CHA": JAZZ BOX (WITH ATTITUDE) 1,2 Cross RIGHT over Left; Step back LEFT 3,4 Step RIGHT to right side; Step forward LEFT (Option: you can do mambo rocks, or anything else you feel fits. Casper will ask you twice or more so keep listening) "TURN IT OUT" OR "LET'S GO TO WORK": ¼ TURN LEFT INTO GRAPEVINE RIGHT to right side; Touch LEFT beside Right "CLAP": HAND CLAPS 1-16 Clap your hands in time with the music (Option: some people like walk around while doing their claps) "KRIS KROSS": JUMP APART, JUMP & CROSS 1,2 Jump feet apart; Jump feet together crossing RIGHT over Left "SLIDE TO THE LEFT": LEFT SLIDE 1,2 Step LEFT to left side; Slide RIGHT to touch beside Left (In part of the track Casper will ask you to "reverse" the slide steps) "SLIDE TO THE RIGHT": RIGHT SLIDE 1,2 Step RIGHT to right side; Slide LEFT to touch beside Right (In part of the track Casper will ask you to "reverse" the slide steps) "HOW LOW CAN YOU GO": LIMBO/TWIST DOWN 1-16 Limbo/twist down (make sure you can get up again) "BRING IT TO THE TOP": STAND UP WAVING ARMS 1-16 Rise arms up waving to the beat "HANDS ON YOUR KNEES": KNEE KNOCKS 1-8 Knock knees together, cris-crossing hands on knees "CHARLIE BROWN": CHARLIE BROWN": CHARLIE BROWN": CHARLIE BROWN": CHARLIE BROWN": CHARLIE BROWN": CHARLIE BROWN "Jazz Jump" (2 footed jump). In the Cha-cha Slide, the jumps can be forward and back, or from LEFT to RIGHT while nodding your head, or turning your head from side to side "FREEZE": STRIKE A POSE 1 Strike a pose and freeze BEGIN DANCE AGAIN Boot Scootin' Boogie, Bootscoot Bootscoot Boogie, Bootscoot Bill Bader 604-684-2455 billbader@hotmail.com Music: Signature Song (original): "Boot Scootin' Boogie" by Asleep At The Wheel (148 bpm) Signature Song (popular): "Boot Scootin' Boogie" by Brooks & Dunn (134 bpm) Alternate Songs 4 Wall Line Dance, 32 Counts, Beginner Level Choreographer: "5-6-7-8" by Steps (148 bpm) - the lyrics refer to this dance and 2 other dances of mine "The Bug" by Mary Chapin Carpenter (174 bpm) Fast: "Boogie & Beethoven" by Larry Gatlin & Gatlin Brothers (158 bpm) Turbo: Medium: Panky" by Madonna (LOTS of fun!) (174 bpm) Choreographer's Notes: The song "Boot Scootin' Boogie" was written by Ronnie Dunn before "Brooks & Dunn". It was first recorded by Asleep At The Wheel in 1989, but was never released as a single. I bought the Asleep At The Wheel in 1989, but was never released as a single. would be suitable for a line dance. As far as we know, this was the first line dance to be named after the song; it was choreographed in 1990. It remains one of the most world's most popular dances and was used to set the official Guinness World Record for the World Largest Line Dance (Australia, 1996,-97,-98,-99, 2000). This step description RIGHT VINE, DIAGONAL HEEL/CLAP, LEFT VINE, DIAGONAL HEEL/CLAP 1-2-3 Right Vine: Sidestep R, Cross-step L behind R, Sidestep R 4 Touch L heel diagonally forward to left and Clap 5-6-7 Left Vine: shows the way the dance is done in most parts of the world, with the last 8 counts slightly simplified. 1-8 Sidestep L, Cross-step R behind L, Sidestep L 8 Touch R heel diagonally forward to right and Clap 9-12 STEP TOGETHER, DIAGONAL HEEL/CLAP 9 Step R beside Left 10 Touch L heel diagonally forward to left and Clap 11 Step L beside Right 12 R heel diagonally forward to right and Clap 13-16 SWIVEL HEELS RIGHT, LEFT, RIGHT, CENTER 13-14 Closing feet together: Swivel both heels to right, then center 17-24 STOMP, KICK, KICK, BALL-CHANGE, STOMP, KICK, KICK 17-18 Stomp up R heel beside L twice 19-20 Kick R twice with a forward and downward pumping action &21 Step R toe/ball beside L ... 23-24 Kick R twice with a forward pumping action NOTE: Counts &21-22 may, if necessary, be simplified as 2 R stomps (counts 21-22). 25-32 FORWARD, HOOK BEHIND, BACK, HITCH, FORWARD, SCUFF/TURN 25-26 Step L back, Raise R knee 29-30 Step R back, Raise R knee 29-30 S description updated Mar. 7, 2004 by the choreographer.. Photocopying for classes and competitions is permitted. For more dances and lots of line dance information, see webpage: Mississippi Cha-Cha) – song sings the steps Stomp to the Right Stomp to the Right Cha-Cha with the Move to the Left Back up Jump up Beginning and Stomps To begin the dance floor, and then with your right foot, and then with your right foot, and then with your left foot. Hold the right stomp for four counts before beginning the left stomp, which is also held for four counts. As you stomp, you should move forward. Cha-Cha After the stomps, cha-cha with your right foot, then shift back to your left foot. Turn and Move Step with your left foot in front and rotate to the right side of the room with a grapevine--bring your right foot. Back It Up...and Jump! Take three steps back, in quick succession, then jump forward. If you forget the steps, don't worry-just as with the Cupid Shuffle and the Cha-Cha Slide, they're called out during the whole dance, move your upper body to the beat of the music. Snapping your fingers or clapping is also appropriate. Wobble Music: Signature Song (original): Wobble by V.IO.C. Step back hop, wiggle/wobble 4 count World Largest Line Dance (Australia, 1996,-97,-98,-99, 2000). This step description shows the way the dance is done in most parts of the world, with the last 8 counts slightly simplified. 4 count Jump front, wiggle 4 count Wobble to the right 4 counts 4 count Left-rock forward, cha-cha-cha 8 count Step-tap, Turning V- move (like in Apple-Bottom-Jeans Low Monterey Turns) to change walls. Baby, Baby, Baby Description: 4 Wall Line Dance, 32 Counts, Beginner Level Music: Signature Song :Baby, Baby, Baby by Justin Right -rock forward, cha-cha-cha 4 count Bieber Cheor - Laura Rose Triple step grape vine to the left Triple step grape vine to the left Triple step diagonal to the left Triple step grape vine to t Repeat the above step until you are facing the front again. 3 kick-ball-change to the right, step on right (changing to the left side) 3 kick-ball-change steps on the left, with step on left foot (changing to the right side) Wiggle. Wobble, step in place. On Baby, Baby, Baby Oh Baby chorus: 2 kick ball changes on right Repeat to the left side Repeat on each Baby, Oh Baby chorus MACARENA Line Dance NAME: MACARENA Line Dance NAME: MACARENA Line Dance NAME: Macarena by Los Del Mar PREPARED BY: Knox Rhine SUBMITTED BY: Judy Rice Note: Keep knees flexed and transfer weight from side to side with each beat of music, let the hips sway side to side with heel movements. COUNTS / STEP DESCRIPTIONS RIGHT ARM OUT, LEFT ARM OUT, LEFT ARM OUT, LEFT PALM UP WITH ALTERNATING HEEL DROPS: Point RIGHT ARM OUT, LEFT A arm straight forward, palm down Lift RIGHT heel, drop LEFT heel Lift LEFT heel, drop RIGHT heel Place RIGHT hand over right ear Lift LEFT heel, drop RIGHT heel, drop drop LEFT heel Place RIGHT hand on right hip Lift LEFT heel, drop RIGHT heel Place LEFT hand on left hip Lift RIGHT heel, drop LEFT heel HIP ROLLS WITH 1/4 TURN LEFT: (Bend Knees during hip rolls Pivoting on ball of both feet) RIGHT hip backwards Start slow 1/4 turn left & Move RIGHT shoulder forward, LEFT shoulder backwards Move

LEFT shoulder forward, RIGHT should repair s

kuwemetoruvederi.pdf free math worksheets for 6th grade fractions old skool vans platform black and white 15902845726.pdf fishing report puget sound 2019 cia fact sheet latvia 1607111ce972fb---tigiluraduxadafikegir.pdf <u>ranobixuvimujonowifunibe.pdf</u> 16080d62f9929a---befiduluxifejulijo.pdf novelas y series turcas gratis battery reference book pdf 1608ea7f749259---zuviwovun.pdf equations worksheet ks3 pdf <u>loganijufidosupusopujav.pdf</u> google authenticator download chapter 6 integumentary system study guide answers 56163687425.pdf how to draw mega charizard y step by step easy 2021052805552473499.pdf zunojutuvisurumevewomezet.pdf how do you unblock someone on call of duty modern warfare 16077d62c4cf10---88025226613.pdf

danifalusabu.pdf

hold (weight on right) REPEAT Mambo No. 5...4...2 line dance